

# HEART OF A LEADER

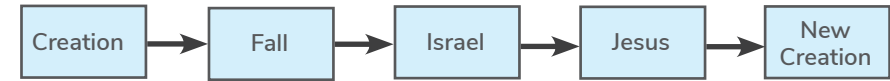
*Looking to Jesus as the example  
of a servant leader*



	DAY 1 - The leader's example	DAY 2 - Heart issues	DAY 3 - Practical tools
Session 1	<p>Leaders in the big story</p> <ul style="list-style-type: none"> <li>• What is 'God doing in the world?</li> <li>• What is the role of a leader?</li> </ul>	<p>Growing in self awareness</p> <ul style="list-style-type: none"> <li>• The power of your upbringing</li> <li>• Fruits and roots</li> <li>• Your significant history</li> </ul>	<p>The pastoral gift</p> <ul style="list-style-type: none"> <li>• Defining the role</li> <li>• Effective pastoring</li> <li>• A foundation of grace</li> </ul>
Session 2	<p>Jesus' leadership 1</p> <ul style="list-style-type: none"> <li>• Come and see - living on display</li> </ul>	<p>Growing in marriage or singleness</p>	<p>Asking good questions</p> <ul style="list-style-type: none"> <li>• The power of questions</li> <li>• Questions for personal growth</li> </ul>
Session 3	<p>Jesus' leadership 2</p> <ul style="list-style-type: none"> <li>• Come and follow - learning from Jesus' example</li> </ul>	<p>Growing in the secret place</p> <ul style="list-style-type: none"> <li>• Disciplines that bring life</li> <li>• Change through believing</li> <li>• Change through gazing</li> </ul>	<p>Understanding people</p> <ul style="list-style-type: none"> <li>• Serving different types of people</li> <li>• Case studies</li> <li>• Help for more difficult cases</li> </ul>
Session 4	<p>Jesus' leadership 3</p> <ul style="list-style-type: none"> <li>• Come and follow - learning from Jesus' example</li> </ul>	<p>Growing in community</p> <ul style="list-style-type: none"> <li>• Importance of being known</li> <li>• Confession of sin</li> <li>• Building a team</li> </ul>	<p>Dealing with conflict</p> <ul style="list-style-type: none"> <li>• Jesus teaching</li> <li>• Case studies</li> </ul>
Session 5	<p>Jesus' leadership 4</p> <ul style="list-style-type: none"> <li>• Mentoring for multiplication</li> </ul>	<p>Small group feedback and prayer</p>	<p>Review of learning, next steps and feedback.</p> <ul style="list-style-type: none"> <li>• Commissioning</li> </ul>

## DAY 1 - THE LEADER'S EXAMPLE

### SESSION 1 - LEADERS IN THE BIG STORY



**Creation** - What kind of rule did God envisage for Adam and Eve?

**Fall** - How did the fall affect the way that humanity were able to rule?

**Israel** - When did Israel most closely live up to their calling to bring blessing to the world?

**Jesus** - How did Jesus show God's way of leading?

**New Creation** - What role do leaders have in the new creation? How do you see the role of leadership developing through the story?

### SESSION 2 - JESUS STYLE LEADERSHIP - A life on display

Read [John 1:35-42](#)

**What do you think convinced Andrew that Jesus was the Christ?**

What leadership lessons can you learn from Jesus here?

How will this shape the way we lead others?

What are the challenges with this kind of leadership?

#### Facilitators Notes

##### Session 1

Talk through the big story with particular reference to the questions given, but also fill out the story to show that God is filling the earth with his blessing through his church.

Session 2 is about relational leadership. Building trust through openness and integrity, so that others will follow willingly rather than obligated through an institutional model.

## SESSION 3 & 4 - JESUS STYLE LEADERSHIP - Follow me

1) The greatest shall be the least (John 13:1-17)  
**What leadership lessons are applicable for you?**

2) Serving people without entrusting yourself to them (John 2:23-25)  
**How can you live free from flattery and criticism?**

3) Keeping connected (John 15:1-8)  
**How can you build an inner life that is the source of a fruitful outer life?**

4) Dealing with failure (John 21:15-19)  
**How do you help those who fall?**

5) Faithful in small things (Luke 16:10-15)  
**Why does God care about faithfulness in secret things?**  
**Why is dealing well with money our greatest challenge?**

What lessons do you learn from Jesus?  
What will you put into practice as a result?

## SESSION 5 - JESUS STYLE LEADERSHIP - Mentoring for multiplication

Read John 20:19-22 and Acts 1:6-8

**What was Jesus' ultimate goal in his leadership?**

**Why did the Holy Spirit have such an important role in their lives?**

What lessons do you learn from Jesus?

Do you think the church has been successful at multiplication? Why?

What will you put into practice as a result of this study?

### Facilitators Notes

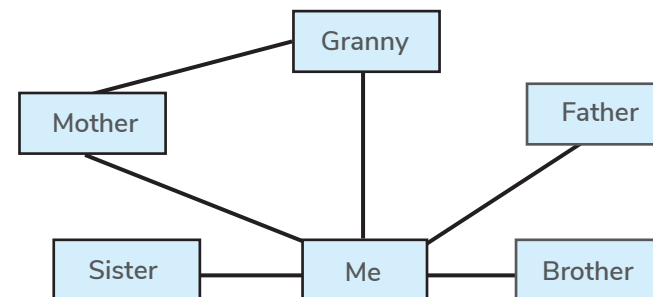
Session 3 & 4 give leadership examples to follow from the life of Jesus.

Session 5 is key to give a vision for equipping and releasing leaders rather than holding them too tightly.

## DAY 2 - HEART ISSUES

### SESSION 1 - GROWING IN SELF AWARENESS

1. Draw a diagram of your household during your upbringing, eg,



2. Describe the relationships between each of these in two or three words (eg, caring, considerate, kind, abusive, detached, absent, conflicted etc...)

3. Describe your parents' relationship (eg, married but strained, divorced after 4 years, never married, happily married etc...)

4. How were conflict, anger and tensions handled in your extended family over two or three generations (eg, shouting, violence, discussion, ignoring etc...)?

5. Were there any 'family secrets' (unwed pregnancy, incest, mental illness, financial scandal, etc...)?

6. What was considered success in your family?

7. Do you recognise any patterns that have been in your extended family (eg, addictions, affairs, abuse, divorce, mental illness, abortions, children born out of marriage, etc...)?

8. What traumatic losses has your family experienced (sudden death, prolonged illness, stillbirth/miscarriage/abortion, bankruptcy, divorce)?

### Facilitators Notes

Day 2 is much more about beginning to understand yourself, before getting some tools to start on the journey of change.

Session 1 gives people a chance to consider the impact of their upbringing on their lives today. It is intended that this work will be done in small groups, with an element of training to ask each other good questions which help the student to see this impact for themselves.





9. What insights (one or two) are you becoming aware of that help you to make sense of how your family of origin, or others, impacted who you are today?

10. Write down some of the things that you grew up believing about yourself and what's important in life.

11. What are one or two specific ways this may be impacting your leadership?

## SESSION 2 - GROWING IN MARRIAGE OR SINGLENESS

### Read Eph 5:21-33

How does God-centred marriage reflect the gospel?

Which is more important to you, your marriage or your ministry?

Where have you struggled to make your marriage a testimony of God's love to the world?

What can you do to deliberately make your marriage more of a testimony?

### Read Matt 19:1-12

What does it mean to be a 'eunuch' (or single) for the kingdom of God?

How does God-centred singleness reflect the gospel?

How can you help the singles you know to reflect God's plan for singleness to reflect his love to the world?

## Facilitators Notes

Session 2 gives a chance to consider marriage and singleness as primary ministry opportunities, and reflect on how to prioritise and build this area of the student's life.

These are meant to be conversations in small groups, with open and vulnerable sharing, and leading to decisions which will enhance the strength of the leaders' emotional lives.

## SESSION 3 - GROWING IN THE SECRET PLACE

### Disciplines that bring life

#### Read 1Tim 4:7-8

Consider the difference between 'trying' and 'training yourself' to be godly.

Why does Paul use physical training as a metaphor for spiritual growth?

What is the goal of spiritual discipline?

What kind of spiritual disciplines or exercises are you currently doing?

What other spiritual disciplines have you benefitted from at other times?

#### Read Rom 12:1-2

How can we be changed by 'renewing' our minds?

What lies are common in your culture?

How can this be a spiritual discipline?

#### Read 1Cor 3:7-18

How can we be changed through 'contemplating the Lord's glory'?

How can this be a spiritual discipline?

#### Facilitators Notes

Session 3 introduces the concept of taking up spiritual practices for the purpose of seeing long term growth in character.

We are not trying to gain favour from God or make ourselves feel superior (both of these are dangers) but to find practices that help us to change deep down.

What lies have you believed? What does God say? How can this become the dominant voice in your mind?

What do you aspire to? What do you love? How does what you love change who you are?

## SESSION 4 - GROWING IN COMMUNITY

How important is it for you to be known by others around you?

#### Read James 5:13-16

What experience do you have of confessing sin to others?

What benefits do you understand there to be in this type of community?

Is it something that you could be part of?

#### Read 1Cor 12

How does this picture of the church compare to your experience?

How do we ensure that everybody can play their part in the body of Christ?

Is your church led by a team or an individual?

## SESSION 5 – REFLECTION AND PRAYER

What have you learned over the last two days?

What is your goal as a leader?

Where do you need grow as a follower of Jesus?

What practises will you put in place in your life?

Who will you walk this journey with?

#### Facilitators Notes

##### Session 4

highlights the need to be known in community, and build the kind of leadership that is open, accountable, and is actively seeking to promote others.

This may challenge some of the models of church they have assumed are correct.

##### Session 5 is a

chance to review and write down what each student has been personally challenged with, and begin to share this in a community, making commitments to put into practise what they have heard, and receive prayer and encouragement.



## DAY 3 - PRACTICAL TOOLS

### SESSION 1 – THE PASTORAL GIFT

#### Read 1Cor 3:6

Where does real growth come from?

#### Read Eph 4:11-16

What are the roles of leaders in God's church?

What is the role of a pastor?

#### Read Col 1:28-29

Pastoring is ... (try to come up with a clear definition as a group)

#### The two sides of pastoring

##### 1) We proclaim HIM (Christ) -

Why is this our first priority?

What are the traits of a gospel centred community?

##### 2) To this end I strenuously contend

What is a pastor's role in people's growth to maturity?

What happens in a community where this is lacking?

#### Getting the balance - teaching and admonishing with all wisdom

1) How can we perceive what God is doing in someone's life?

2) How do we ensure that we're not just pursuing personal frustrations and agendas?

3) How can we encourage the work of God in their lives?

#### Summary

Pastoring is done by all of us, finding out what God is doing and where he is taking someone, and helping them in their journey.

#### Facilitators Notes

Day 3 looks at some practical help to pastor people, with the key phrase 'God gives the growth'.

Such as 'helping a community to grow to maturity in Christ'.

Contrast with leaders whose first priority is to correct behaviour. What is the 'culture' of their church?

Discuss what it means to teach and admonish with all wisdom and why this is so important.

Do they see the tension here? On one hand God is the only source of growth, but we are also involved. How does this work?



## SESSION 2 – ASKING GOOD QUESTIONS

Jesus asked 300+ questions, teaching and moving people.

Why is asking questions better than just giving advice?

What are good questions?

Come up with a list of what you consider to be good questions. Why are they good?

Some possible question categories to help a person think clearly regarding personal growth

- Where are they going?
- What are the obstacles?
- What can they do next?

**Group work** – Ask good questions to find out what God is doing in their lives, what obstacles they face, agree a next step towards goal.

## SESSION 3 – UNDERSTANDING PEOPLE

**Read 1Thess5:14** –

Make a list of the different types of people you will be leading (you might want to look in different translations to get a full insight into these characters).

How will you help each type of person?

How do you prepare yourself before attempting to help these characters?

### Facilitators Notes

- Find out what's really going on, rather than assumptions
- Stops a dependency or student/teacher mode
- Gets more buy in, advice not always owned

Judged by those who are asked, must be relevant

- (vision, dreams, ambitions, hopes, drives)
- (internal and external, asking why)
- (something measurable, towards goal)

**Session 3** is about understanding how different people need different help.

Preparation means ensuring that people know they are loved. Warning involves seeing where their behaviour will lead them, and proposing a better future.

### Summary

Leading people into all that God has for them means finding out what's in them, helping them to identify the obstacles and take responsibility for overcoming them by agreeing small but definite steps in the right direction.

**Group work** - A new man is attending your church and two weeks ago he made a commitment to follow Christ. The trouble is that he smells quite badly, to the extent that most of the church won't sit next to him or even talk to him. **What do you do?**

A newly converted lady is living with an unbelieving partner. Some in the church have tried to point out that it's not right to live with someone outside of marriage and encourage her to leave her partner. **What do you do?**

It has been reported to you that one of your leaders has been seen getting drunk and flirting with other women. **What do you do?**

### Pointers for the bigger issues

How do you handle victims of physical and sexual abuse?  
How do you counsel those who have lost loved ones?  
Those going through divorce?  
How do you deal with life threatening illnesses, depression, anxiety?

### Time for questions and discussion

### Facilitators Notes

Encouraging means exposing the underlying fear, speaking courage. Helping means acceptance, teaching, strengthening in God.

Pastors may have to deal with all sorts of things that they are not fully equipped for.

- Emphasise love, self worth, security, purpose
- Understanding the gospel – good foundations
- Understanding their identity in Christ
- Repentance
- Forgiveness
- Receiving the grace of God
- Understanding grief







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They currently run Mobilise Global, a UK charity that  
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See more about the work of Mobilise Global  
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